



DREAMS WITH WINGS

Teen & Young Adult Programs

- **WingSpace Drama program** - (Mondays 4:30-6P) 6 week residencies taught by Louisville based theatre professionals with roles for every participant and a performance at the end of each for friends and family. (ages 13-29)
- **Creative Arts and Movement-** (Wednesdays from 4:30-6:30) program that has Creative Arts (Art in all formats) Physical Activity (Boot Camp, Yoga, Dance), Musical Interventions (Music Therapy & Drumming) facilitated by professional instructors and educators. (ages 13-29)
- **Taking it on the Road: Community Based Social Skills-** (Tuesdays or Thursdays 5:00 - 7:30) six week sessions where a group of 8 or 9 teens and 3 staff decide where to go in the community to practice interpersonal relationship skills and additional skills such as budgeting, spending money, self-confidence, compromise, respect for others, time management, self-advocacy, and relationship building in a community setting. (ages 16-29)
- Programs designed for ages 13-29 with intellectual and developmental disabilities including Autism.
- Fees are \$25/class - Private Pay or Michelle P Waiver Respite Units
- Dundee Studios Highland location - 2202 Dundee Road, Lou KY 40205
- Email youthprograms@dreamswithwings.org for more information

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